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Food and Drug Administration
Dockets Management Branch, HFA-305
5630 Fisher Lane, Room 1061
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To Whom It May Concern:

I am writing to you in regards to the proposed new rules for the labeling of trans fatty acids. I am a Food and nutrition student at Arizona State University, as well as a health conscious consumer.

Firstly, I was glad to hear that trans fatty acid content was at last being considered as an important part of Nutrition Fact Labeling. I know there have been some arguments against adding any more information to the sometimes over crowded Nutrition Fact Panel. Although I understand the concern of overwhelming the Consumer, I still feel that trans fatty acid information would be a valuable addition to the labels. With the high rate of heart disease in the U.S. this new information could be extremely helpful to those preventing and intervening with their, often times, fatal disease.

We have come a long way in the awareness of Heart disease. So I vote to continue that awareness by giving the consumer as much information as needs be to make an educated decision on their own health.

Thank you,

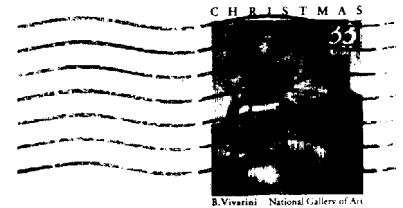
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